

# Effective field theory methods in the post-Newtonian framework for the 2-body problem in General Relativity

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# Outline

- 1 Effective Field Theory methods
  - Introduction
  - An Example of EFT at work
  
- 2 Binary conservative dynamics and the PN approximation
  - EFT applied to 2-body systems
  - Algorithm for computing PN-Hamiltonian dynamics
  
- 3 The dissipative sector
  - Treating time-dependent problems

## EFT principles: known fundamental theory

- Fundamental theory known:

effects of short distance physics  $r_s$  (heavy d.o.f.  $\Lambda$ )

on large distance physics  $r \gg r_s$  (light modes  $\omega \ll \Lambda$ )

$$\exp(iS_{eff}[\phi]) = \int \mathcal{D}\Phi(x) e^{iS[\phi, \Phi]}$$

$$S_{eff} = \sum_i c_i \int d^d x \mathcal{O}_i(x)$$

### Wilson Coefficients

$$c_i(\mu = \Lambda) \sim \Lambda^{\Delta-d}$$

**Renormalize** existing coefficients and generates **new** ones

**local** operators of  $\phi(x)$

mass dim.  $\Delta$ : Decoupling

Dependence of large scale theory on small scale  $r$  given by simple power counting rule

## EFT principles: unknown fundamental theory

- Fundamental theory unknown:  
large scale effective Lagrangean can be expanded in terms of **local operators**



write down the most **general set of operators** consistent with long scale system **symmetries** with unknown coefficients.



Example: finite size effects in gravitational coupling of isolated bodies

# EFT for isolated compact object

## Fundamental

- Fundamental gravitational fields
- Fundamental coupling to particle world line

## Effective

- List generic operators coupled to particle world-line
- Diffeomorphism invariance

$$S_{pp-fun} = - \sum_i m_i \int d\tau$$

Integrating out

$$S_{pp-eff} = -m \int d\tau + c_R \int d\tau R + c_V \int d\tau R_{\mu\nu} \dot{x}^\mu \dot{x}^\nu + c_2 \int d\tau (R_{\mu\nu\rho\sigma})^2 + \dots$$

(for a spherical body)

# EFT for isolated compact object

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(for a spherical body)

## EFT applications

### ■ Cosmology

Generic gravity Lagrangean invariant under spatial rotations  
(time-dependent space diffeomorphisms)

Short vs. Large

inflaton fluctuation vs. Hubble scale of the background

See P. Cheung et al. 2007

### ■ Hydrodynamics

Derivative expansions:

Short vs. Large

Field time derivative vs. mean free time

Field space derivatives vs. mean free length

See Dubovsky et al. 2011

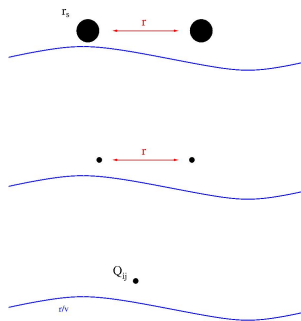
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## Different scales in EFT

- Very short distance  $\lesssim r_s$   
negligible up to 5PN  
(effacement principle)
- Short distance: **potential gravitons**  $k_\mu \sim (v/r, 1/r)$
- Long distance: **GW's**  
 $k_\mu \sim (v/r, v/r)$  coupled to  
point particles with  
moments



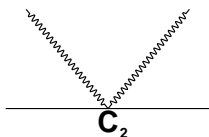
Goldberger and Rothstein PRD '04

## Matching example

Cross section for graviton scattering by a single black hole:

$$\sigma_{fund-BH} = r_s^2 f(r_s \omega) \sim \dots r_s^6 \omega^4 + \dots r_s^{10} \omega^8 \dots$$

Effective contribution to the amplitude:



$$G_N c_2 \omega^4$$

$$\sigma_{EFT-BH} \sim \dots + r_s G_N c_2 \omega^4 + \dots + G_N^2 c_2^2 \omega^8 \implies c_2 \propto \frac{r_s^5}{G_N}$$

Goldberger and Rothstein PRD '04

## Physical vs. gauge degrees of freedom

$h_{\mu\nu}$  includes

- 1 4 gauge degrees of freedom
- 2 2 physical, **radiative** degrees of freedom
- 3 4 physical, **non-radiative** degrees of freedom

1&3 propagate with “the speed of thought” (Eddington '22)

After fixing the diffeomorphism invariance:

$$h_{\mu\nu} = \begin{pmatrix} -2\Phi & \Xi_i \\ \Xi_i & h_{ij}^{TT} + \theta\delta_{ij} \end{pmatrix}$$

$\partial_i \Xi^i = h_{ij}^{TT} \delta^{ij} = \partial^i h_{ij} = 0$ : 6 degrees of freedom left, 4 eaten by gauge fixing

Einstein eq's:

$$\begin{aligned} \nabla^2 \Phi = \nabla^2 \Xi_i = \nabla^2 \Theta &= 0 \\ \square h_{ij}^{TT} &= 0 \end{aligned}$$

## Conservative dynamics

$$\exp [iS_{eff}(x_a)] = \int \mathcal{D}h(x) \exp [iS_{EH}(h) + iS_{pp}(h, x_a)]$$

$$S_{pp} = -\sqrt{G_N}m \int dt \left( h_{00}/2 + v_i h_{0i} + v^i v^j h_{ij}/2 + \sqrt{G_N}h_{00}^2 \dots \right)$$

$$S_{EH} = \int d^4x \left[ (\partial_i h)^2 - (\partial_t h)^2 + \sqrt{G_N}h(\partial h)^2 + \dots \right]$$

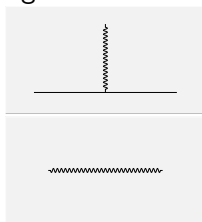
Power counting to integrate out **potential** gravitons

h-M Vertex:  $\sim dt d^3k \sqrt{G_N}m$

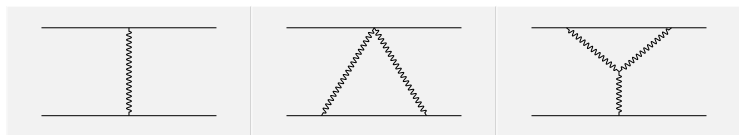
Propagator:  $\delta(t)\delta^{(3)}(k) \frac{1}{k^2} \left( 1 + \frac{k_0^2}{k^2} + \dots \right)$

In  $\int dt d^d k e^{ik(x_1(t)-x_2(t))} / k^2$

$k \rightarrow 1/r, k_0 \rightarrow \partial_t \sim kv \sim v/r$



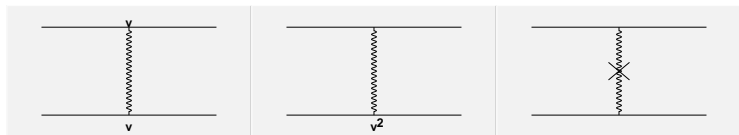
# The 1PN potential



Scaling:  $L$

$Lv^2$

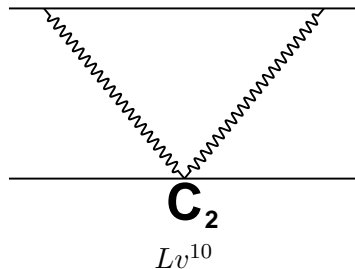
Using virial theorem  $v^2 \sim G_N M/r$



$$V = -\frac{Gm_1m_2}{2r} \left[ 1 - \frac{G_N m_1}{2r} + \frac{3}{2}(v_1^2) - \frac{7}{2}v_1v_2 - \frac{1}{2}v_1\hat{r}v_2\hat{r} \right] +$$

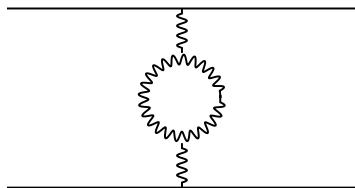
$1 \leftrightarrow 2$

## Finite size effects enters at 5PN



Re-derivation of the “Effacement principle” (Damour '92)

## Quantum corrections are irrelevant



$$S_{eff} \sim \int dt \hbar G_N^2 \frac{m_1 m_2}{r^3} \simeq \hbar v^3$$

vs. leading order:

$$S_{eff} \int dt G_N \frac{m_1 m_2}{r} \simeq L$$

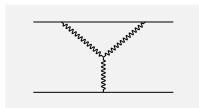
## What's new to EFT in gravity?

- **Systematic** use of **Feynman diagram** with manifest **power counting** rule, enabling the construction of automatized algorithms
- Effective 2-body action is produced **without the need to solve for the metric** (however as in traditional ADM calculations)
- recast old problems in a **field theory language**: integrals in momentum space “look” easier to compute



# The 3PN computation automatized

Topologies



Graphs

$v$  and time derivative-insertions

Amplitudes

$$A = G_N m_i v_i \int d^d k d^d k_1 \frac{1}{k^2 (k - k_1)^2} \dots$$

Evaluation

Analytic integral in a database

S. Foffa & RS PRD 2011

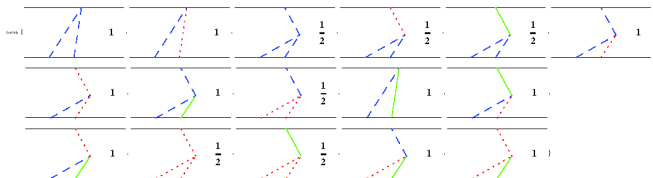
original result Damour, Jaranowski and Schäfer PRD 2001

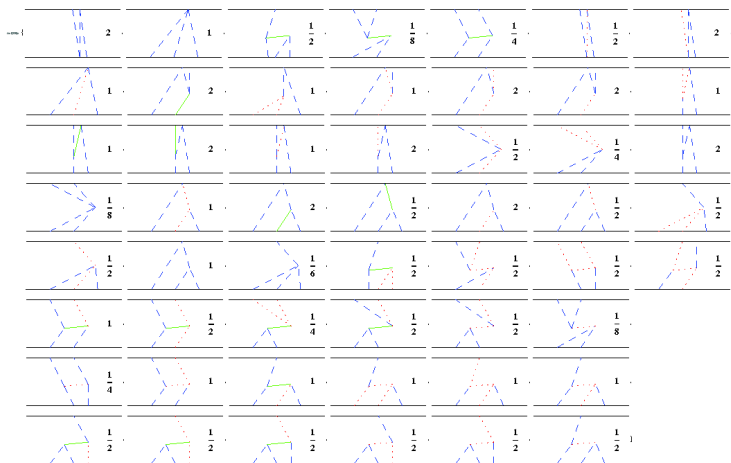
## Feynman diagrams at 3PN order

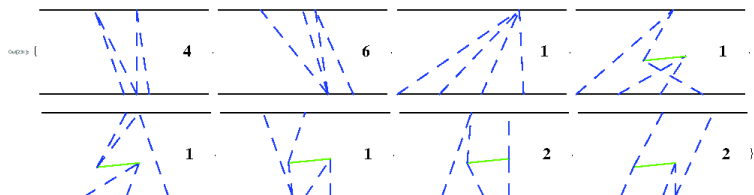
$$G_N v^6$$



$$G_N^2 v^4$$



Feynman diagrams at 3PN order:  $G_N^3 v^2$ 

Feynman diagrams at 3PN order:  $G_N^4$ 

Final result matches previous derivation of 3PN Hamiltonian see eq. (174) of Blanchet's Living Review on Relativity

## The 4 PN status

- 3 graphs @  $G_N v^8$  order
- 23 @  $G_N^2 v^6$
- 202 @  $G_N^3 v^4$
- 307 @  $G_N^4 v^2$
- 50 @  $G_N^5$

See also Jaranowski and Schäfer PRD12

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- General EFT approach: Decompose binary motion into central worldline + moments describing internal dynamics

$$S = -m \int d\tau + \sum_n \int d\tau c_n^{(I)} I^{abi_1 \dots i_n} \nabla_{i_1} \dots \nabla_{i_n} E_{ab} \\ + \sum_n \int d\tau c_n^{(J)} J^{abi_1 \dots i_n} \nabla_{i_1} \dots \nabla_{i_n} B_{ab}$$

$$E_{\mu\nu} \equiv C_{\mu\alpha\nu\beta} \dot{x}^\alpha \dot{x}^\beta \quad B_{\mu\nu} = \epsilon_{\mu\rho\sigma\alpha} C^{\rho\sigma}{}_{\nu\beta} \dot{x}^\alpha \dot{x}^\beta$$

- in GR

$$S \supset \frac{\sqrt{G_N}}{2} \int d^4x h_{\mu\nu} T^{\mu\nu}$$

Take the multipole expansion:

$$h_{\mu\nu}(t, x) = \sum_{n=0}^{\infty} \frac{1}{n!} x^{i_1} \dots x^{i_n} \partial_{i_1} \dots \partial_{i_n} h_{\mu\nu}(t, 0)$$

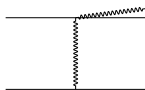
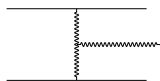
⇒ compute **moment** of the Energy Momentum Tensor, decomposed into  $SO(3)$  irreducible representations

## The dissipative sector

Coupling gravitational waves in all possible ways to the composite systems e.g.



Leading order



⊂ NLO

$$S_{EFT-diss} = -\frac{m}{m_{Pl}} \int h_{00} - \left[ \frac{1}{2} \sum_a m_a v_a^2 - \frac{G_N m_1 m_2}{r} \right] \frac{h_{00}}{2m_{Pl}} - \frac{1}{2m_{Pl}} \epsilon_{ijk} L_k \partial_j h_{0i} - \frac{1}{2m_{Pl}} \sum_a m_a x_i x_j R^0{}_{i0j}$$

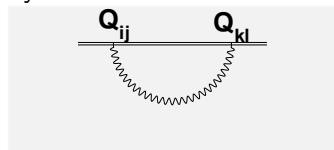
Leading radiative coupling:  $T^{ij} h_{ij} \sim \partial_t^2 (T_{00} x^i x^j) h_{ij}$



## Radiation reaction

Integrating out the radiation field only the sources are left:

Radiation emitted and absorbed



Using Feynman propagators Effective action modified

$$\Delta S_{real} = -\frac{G_N}{10} \int dt Q_{ij}(t) \frac{d^5 Q_{ij}(t)}{dt^5}$$

**Real** part → should modifies e.o.m. giving Burke-Thorne potential:

$$\Delta^{(RR)} \ddot{x}_{ai}(t) = \frac{2G_N}{5} x_{aj}(t) Q_{ij}^{(5)}(t)$$

In the standard Lagrangian formalism

$$e^{iW[J+Q]} = \int \mathcal{D}h_{GW} e^{i \int \partial h_{GW}^2 + \partial^2 h_{GW}^3 + h_{GW}(J+\ddot{Q})} \propto e^{i \int (J+Q) \Delta_F (J+Q)} + \dots$$

$$h_{GW}(x) = \left. \frac{\delta W}{\delta J(x)} \right|_{J=0} \stackrel{?}{=} \int d^4x' D_F(x-x') J(x')$$

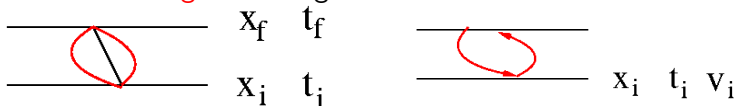
$$\begin{aligned} \Delta_F(x) &= \theta(t) \Delta_+(x) + \theta(-t) \Delta_-(x) \\ \Delta_{R,A}(x) &= \theta(\pm t) [\Delta_+(x) + \Delta_-(x)] \end{aligned}$$

$$\Delta_F = -\frac{i}{2}(\Delta_R + \Delta_A) - \frac{1}{2}\Delta_+ + \Delta_- \implies h_{GW} \propto \int (\Delta_R + \Delta_A) J$$

**A-causal!**

Lagrangian formalism *looks* not suitable to describe dissipative systems

Solution: **Doubling** of the degrees of freedom



$$e^{iW[J_i+Q_i]} = \int \mathcal{D}h_1 \mathcal{D}h_2 e^{i[S(h_1) - S(h_2) + \int (J_1 + Q_1)h_1 - (J_2 + Q_2)h_2]}$$

Specific causal structure:

$$\begin{aligned} W[J_1, J_2] &= \frac{i}{2} \int (J_1, J_2) \begin{pmatrix} G_F & -G_- \\ -G_+ & G_D \end{pmatrix} \begin{pmatrix} J_1 \\ J_2 \end{pmatrix} \\ &= \frac{i}{2} \int (J_+, J_-) \begin{pmatrix} 0 & -iG_R \\ -iG_A & G_H \end{pmatrix} \begin{pmatrix} J_+ \\ J_- \end{pmatrix} \end{aligned}$$

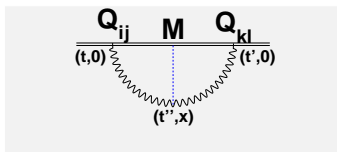
with  $J_{\pm} \propto J_1 \pm J_2$  and e.o.m.'s:  $h_{GW} = \left. \frac{\partial W}{\partial J_-} \right|_{J_- = Q_- = 0} \propto \int G_R Q$   
 $Q_+ = Q$

## The radiation-reaction diagram

- Radiation emitted and absorbed

$$S_{eff} \propto \int dt Q_{-ij} Q_{+ij}^{(5)}$$

- Radiation emitted, scattered and absorbed



$$iS_{eff} \propto G_N^2 M \int dt Q_{-ij}^{(2)}(t) \int dt' Q_{+ij}^{(2)}(t') \times \int dt'' d^3x \partial_t^2 G_R(t-t'',x) G_R(t''-t',x) \frac{1}{r}$$

## Conservative part of the self force

- At leading order the rad-reaction affects e.o.m. at 2.5PN order

Burke-Thorne potential

$$\Delta^{(SF)}\ddot{x}_{ai}(t) = \frac{2G_N}{5}x_{aj}(t)Q_{ij}^{(5)}(t) - \frac{8}{5}G_N^2Mx_{aj}\int_{-\infty}^t dt'Q_{ij}^{(7)}(t')\log\left[\frac{(t-t')}{T}\right]$$

+ relative 1.5PN tail correction

- Conservative part associated with tail integral

$$\Delta^{(SF)}\ddot{x}_{ai}(t) = \frac{8G_N^2M}{5}x_{aj}(t)Q_{ij}^{(6)}(t)\log\left(\frac{r}{\lambda}\right)$$

Gravitational radiation emitted, scattered, and absorbed.

L. Blanchet and T. Damour PRD '88

L. Blanchet, S.L. Detweiler, A. Le Tiec, B. F. Whiting PRD '10

## Observables associated with GW emission

$$iA_h(k) = \text{---} \underset{\mathbf{Q}}{\circ} \text{---} + \text{---} \underset{\mathbf{Q}}{\circ} \text{---} \text{---} \underset{\mathbf{M}}{\circ} \text{---} \dots$$

Emission rate

$$d\Gamma_h(k) = \frac{1}{T} \frac{d^3k}{(2\pi)^3 2k} |A_h(k)|^2$$

$$F = \int |k| d\Gamma_h(k) = \frac{G_N}{5} \left\langle \left( \frac{d^3 Q^{ij}(t)}{dt^3} \right)^2 \right\rangle + \frac{16G_N}{45} \left\langle \left( \frac{d^3 J^{ij}(t)}{dt^3} \right)^2 \right\rangle + \dots$$

The optical theorem:

$$\text{Im} \left[ \text{---} \underset{\mathbf{Q}}{\circ} \text{---} \underset{\mathbf{Q}}{\circ} \text{---} \right] = \left| \text{---} \underset{\mathbf{Q}_{ij}}{\circ} \text{---} \underset{\mathbf{Q}_{kl}}{\circ} \text{---} \underset{\mathbf{M}}{\circ} \text{---} + \dots \right|^2$$

with **Feynman** propagators  $\rightarrow$  time averaged flux

## Logs and renormalization

$$A_{h-Quad} = \frac{i\sqrt{G_N}k^2}{4} \epsilon_{ij}^*(k) I_{ij}(|k|)$$

$$\left| \frac{A}{A_{h-Quad}}(k) \right|^2 = 1 + \dots + (G_N M |k|)^2 \left[ -\frac{214}{105} \left( \frac{1}{d-4} + \ln \frac{k^2}{\mu^2} + \dots \right) \right]$$

True ultraviolet divergence and log appearance → **renormalization**

$$I_{ij}(|k|) = Z(|k|, \mu) I_{ij}^R(|k|, \mu) \quad Z(|k|, \mu) = 1 + \frac{107}{105} (G_N M |k|)^2 \times \frac{1}{d-4}$$

leading to a classical RG equation

$$\mu \frac{dI_{ij}^R}{d\mu} = -\frac{214}{105} (G_N M |k|)^2 I_{ij}^R(|k|, \mu) \quad I_{ij}^R(|k|, \mu) = \left( \frac{\mu}{\mu_0} \right)^{-\frac{107}{105} (G_N M |k|)^2} I_{ij}^R(|k|, \mu_0)$$

**Prediction** of leading logs at higher order, e.g.  $\#(G_N M |k|)^4 \log^2 \left( \frac{k^2}{\mu^2} \right)$

Goldberger and Ross PRD '10

## Conclusions

- EFT is a **powerful** and **flexible** tool, applicable to problems exhibiting clear scale separation
- PN computations within EFT are **equivalent** to computations performed with traditional method: predictions for the same physical observables must give same values
- PN computations within EFT methods provide a **healthy competition** with traditional methods
- Merit of EFT methods in gravity: recycle huge knowledge accumulated in **theoretical particle physics**



# Spare slides

## Binary inspiral phenomenology

## GW detection

### Inspiral

Virial relation:

$$v \equiv (G_N M \pi f_{GW})^{1/3} \quad \nu = \frac{m_1 m_2}{(m_1 + m_2)^2}$$

$$E(v) = -\frac{1}{2} \nu M v^2 (1 + \#(\nu) v^2 + \#(\nu) v^4 + \dots)$$

$$P(v) \equiv -\frac{dE}{dt} = \frac{32}{5 G_N} v^{10} (1 + \#(\nu) v^2 + \#(\nu) v^3 + \dots)$$

$E(v)(P(v))$  known up to 3(3.5)PN

$$\begin{aligned} \frac{1}{2\pi} \phi(T) &= \frac{1}{2\pi} \int^T \omega(t) dt = - \int^{v(T)} \frac{\omega(v) dE/dv}{P(v)} dv \\ &\sim \int (1 + \#(\nu) v^2 + \dots + \#(\nu) v^6 + \dots) \frac{dv}{v^6} \end{aligned}$$

## GW detection

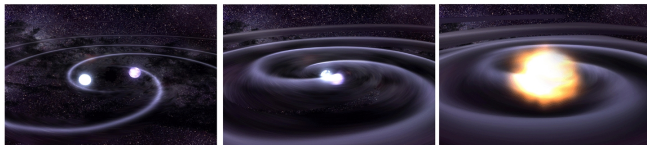
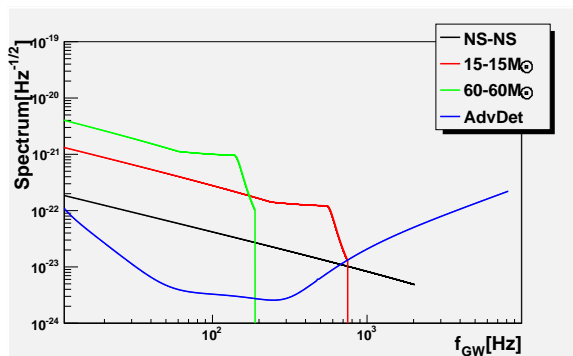
$$N_{cycles} \simeq 1.6 \cdot 10^4 \left( \frac{10\text{Hz}}{f_{min}} \right)^{5/3} \left( \frac{1.2M_{\odot}}{M_c} \right)^{5/3}$$

$$\text{Sensitivity} \propto M_c^{5/3} \sqrt{N_{cycles}} \propto M_c^{5/6}$$

$$f_{Max} \propto M^{-1}, M_c \equiv (m_1 m_2)^{3/5} (m_1 + m_2)^{2/5}$$

Important to know the phase at  $O(1)$  when taking correlation of detector's output and model waveform

# Detector sensitivity



## Observational rate estimates

LIGO/Virgo Advanced Observatories will detect

|   | NS-NS         | $10 M_{\odot}$ BH-BH       |
|---|---------------|----------------------------|
| Distance (Mpc)                            | 300Mpc        | 1Gpc                       |
| Rates $\text{MWEG}^{-1}\text{Myear}^{-1}$ | $1 \div 10^3$ | $4 \cdot 10^{-2} \div 100$ |

$$N = 0.011 \times \frac{4}{3} \pi \left( \frac{D_H}{2.26 \text{ Mpc}} \right)^3 \text{ MWEG}$$

Best case:

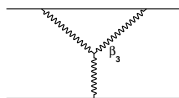
$$r_{NS-NS} \sim 400 \text{ yr}^{-1}$$

$$r_{BH-BH} \sim 10^3 \text{ yr}^{-1}$$

I. Mandell et al. PRD 2010

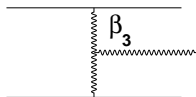
## Fundamental gravity tests: Graviton self-interactions

- Conservative dynamics



$$V \supset \beta_3 \frac{G_N^2 m_1 m_2 (m_1 + m_2)}{r^2}$$

- Emission



$$L_{pp} \supset h_{ij} \beta_3 (\nu M x_i \ddot{x}_j)$$

## Bound on self-interaction triple vertex

At present the binary pulsars give best constraint on non-conservative effect from  $\beta_3$

$$\dot{P}_{\beta_3} = \dot{P}_{GR}(1 + c\beta_3) \quad c \simeq 3.21$$

Given that  $\frac{\dot{P}_{obs}}{\dot{P}_{GR}} - 1 \simeq 0.1\% \implies \beta_3 = (4.0 \pm 6.4) \cdot 10^{-4}$

Conservative effect of  $\beta_3$  already constrained by Lunar Laser Ranging, as @ 1PN

$$\beta_3 = \beta_{PPN} < 2 \cdot 10^{-4}$$

Cannella et al. '09

## Bayesian analysis of GR vs. modGR

Searching for waveforms whose phase is modified at any PPN waveforms

$$\phi(t) = \phi_N(t) [1 + \phi_1(t)(1 + \delta_1) + \phi_{1.5}(1 + \delta\phi_{1.5}) + \phi_2(1 + \delta\phi_2)]$$

and injecting fake signals with

$$\phi_{inj}(t) = \phi_{GR}(t) + \phi_N(t)\delta\phi_A(t)$$

Li et al. 2011



# Bayesian analysis of GR vs. modGR

$$\begin{aligned}
 O_i &= P(H_i|d) \\
 &= P(H_i) \frac{P(d|H_i)}{P(d)}
 \end{aligned}$$

$$\begin{aligned}
 O_{GR}^{mGR} &= \frac{O_{mGR}}{O_{GR}} \\
 &\propto \frac{P(d|H_{mGR})}{P(d|H_{GR})}
 \end{aligned}$$

(1 catalog = 15 sources)

